

Blue Banana

SURFACE PIERCING

# guide

PIERCING AFTERCARE



NAVEL • EYEBROW • NIPPLE • NAPE

## Congratulations on your piercing!

If you're reading this then we assume that you've recently had a new piercing from Blue Banana – which is awesome! We hope you had a great experience when visiting one of our in-store piercing studios.

Your new piercing has been performed by one of our qualified piercers in a sterile environment using high quality, sterile equipment. Now, it is up to you to ensure that the piercing remains clean whilst it heals and settles into place.

If you follow our guidelines for aftercare; you should experience little or no problems with your piercing. Everyone's body will react differently to a new piercing so it's important to know as much as possible about piercing healing and aftercare.

Whether you're a piercing pro or a body jewellery beginner we invite you to use all the information provided here and on our website.

### Experiencing Problems?

If you are ever concerned then you are always welcome to come back into store for a chat. Our piercers will be more than happy to help you with any questions on your new piercing and be able to provide additional information on how to look after it.

If you are experiencing problems with the piercing healing, or are having an unexpected reaction, and you are unable to re-visit the store, we do recommend visiting a medical professional such as your GP – who will be able to assist further.

# **Cleaning and Healing Information:**

You can use this aftercare guide for the following piercings: Navel, Eyebrow, Nipple, and Nape Piercings.

## **Just After Piercing**

When you've just had your piercing it can be tempting to feel around and play with it. LITHA is one of our favourite mantras for a new piercing – leave it the hell alone! The area will be sensitive after the procedure so could do without being knocked and handled.

After the initial piercing, keep the area clear from unnecessary contact. Wear loose clothing to avoid irritating your piercing.

## **Healing Time**

Surface piercings will require time, care and patience to heal successfully. The overall healing time can vary from 6 to 18 months. This can depend on how well it is looked after and how your body reacts.

Surface piercings are prone to being knocked due to their placement as they are often under clothing or on areas of the body that endure regular movement. Try to be aware of the new piercing and avoid shaving/plucking, covering it with makeup, fake tan or other cosmetics.

## **The Cleaning Process**

Here are our recommended steps for cleaning your surface piercing:

1. Use a solution of natural sea salt and pre-boiled water (a pinch of salt in ½ a glass of water is ideal) to clean the piercing.
2. Gently clean the area of skin around the piercing to keep it clean, hygienic and sterile.
3. We recommend using a cotton bud to clean the piercing TWICE a day for at least 3 months.

## During The Healing Process

- **Redness/Discharge:** As with any new piercing a local area of redness and a small amount of white/yellowish discharge are both healthy and completely normal. If you experience a more painful swelling, spread over a bigger area or accompanied by other symptoms of infection you should return to the store and/or consult your GP.
- **Migration/Rejection:** Unfortunately, surface piercings are prone to rejection and migration. Migration occurs when your body rejects the foreign object (i.e. your piercing) and slowly pushes it out of the body, healing the skin underneath. If you believe you are experiencing this, please return to the store so your piercer can advise you on the best course of action. If your piercing is migrating or rejecting then you may be left with a small scar but the process is usually painless.

For more information visit:

[www.bluebanana.com/surfacepiercing](http://www.bluebanana.com/surfacepiercing)

# Surface Piercing Jewellery

Here's a sneak peek of the selection of awesome surface piercing jewellery you could buy next; either in-store or online.



## Curved Barbells from **£2.99**



Rainbow



Blue



Black



Purple



Silver



Gold

## Ball Closure Rings from **£3.00**



Black BCR



Silver BCR



Gold BCR



Blue BCR



Rainbow BCR



## Using Tea Tree Oil

Tea Tree Oil can be used to clean surface piercings. Apply 5 minutes prior to cleaning and then wash off with salt water solution. It can also be used to reduce minor infections and bumps.

Tea Tree Oil  
10ml Bottles  
From  
**£2.99**

# Watch Our Videos

Find out even more about Blue Banana and the piercing procedure in our online informational video.



Watch The Video  
SCAN HERE

## Jewellery Change

We recommend only changing the jewellery around 8 weeks after the piercing has taken place. Taking out or twisting your piercing before this time will prolong the healing process. By leaving it for longer you allow it to heal for longer and settle into its position.

When you're ready to change your jewellery; make sure to check out what Blue Banana has available. When it comes to surface piercings we have a huge range of jewellery available in-store and online.

## Need More Information?

Our website includes plenty of additional guides and information you could use to find out more about your piercing.

Read guides, watch tutorials and discover even more ways to style and care for your piercing.

[www.bluebanana.com/surfacepiercing](http://www.bluebanana.com/surfacepiercing)



AUTHORITY  
REGISTERED



OVER  
1 MILLION  
PIERCINGS



LARGEST  
PIERCERS  
IN EUROPE



FULL  
STERILIZATION



COMPREHENSIVE  
PIERCING  
TRAINING



COMPLETE  
PIERCING  
AFTERCARE