

**Blue Banana**

**ORAL PIERCING**

# guide

YOUR SIMPLE GUIDE TO PIERCING AFTERCARE



**TONGUE • LIPS • CHEEKS • SMILEY**

## Congratulations on your piercing!

If you're reading this then we assume that you've recently had a new piercing from Blue Banana – which is awesome! We hope you had a great experience when visiting one of our in-store piercing studios.

Your new piercing has been performed by one of our qualified piercers in a sterile environment using high quality, sterile equipment. Now, it is up to you to ensure that the piercing remains clean whilst it heals and settles into place.

If you follow our guidelines for aftercare; you should experience little or no problems with your piercing. Everyone's body will react differently to a new piercing so it's important to know as much as possible about piercing healing and aftercare.

Whether you're a piercing pro or a body jewellery beginner we invite you to use all the information provided here and on our website.

### Experiencing Problems?

If you are ever concerned then you are always welcome to come back into store for a chat. Our piercers will be more than happy to help you with any questions on your new piercing and be able to provide additional information on how to look after it.

If you are experiencing problems with the piercing healing, or are having an unexpected reaction, and you are unable to re-visit the store, we do recommend visiting a medical professional such as your GP – who will be able to assist further.

# Cleaning and Healing Information:

You can use this aftercare guide for the following piercings: Lip, Snake Bites, Labret, Medusa and Tongue Piercings.

## Just After Piercing

When you've just had your piercing it can be tempting to feel around and play with your piercing. LITHA is one of our favourite mantras for a new piercing – leave it the hell alone! The area will be sensitive after the procedure so could do without being knocked around and handled.

After the initial piercing, keep the area clean and follow these steps:

- Avoid Spicy Food
- Avoid Smoking
- Avoid Kissing (bacteria from other mouths can cause infection).

## Healing Time

Oral piercings will require extra time, care and patience to heal successfully. Depending on your piercing, healing can take anywhere between 4 to 8 weeks to heal; but this can depend on how well it is looked after and how your body reacts. For estimated healing times for your chosen piercing, speak directly with your piercer.

Oral piercings are prone to being knocked around through day to day activities. Try to be aware of the new piercing and be especially vigilant when it comes to taking care of it.

## The Cleaning Process

Here are our recommended steps for cleaning your oral piercing:

1. Use a solution of natural sea salt and pre-boiled water (a pinch of salt in  $\frac{1}{2}$  a glass of water is ideal) to clean the piercing.
2. For external areas gently clean the area of skin around the piercing to keep it clean, hygienic and sterile. For internal areas you can use a mixture of diluted mouthwash (a 50/50 mix of non-alcoholic mouthwash and pre-boiled water)
3. We recommend using these methods to clean the piercing TWICE a day for at least 3 months.

## During The Healing Process

- **Redness/Discharge:** As with any new piercing a local area of redness and a small amount of white/yellowish discharge are both healthy and completely normal. If you experience a more painful swelling, spread over a bigger area or

For more information visit:

[www.bluebanana.com/oralpiercing](http://www.bluebanana.com/oralpiercing)

# Oral Piercing Jewellery

Here's a sneak peek of the selection of awesome oral piercing jewellery you could buy next; either in-store or online.



## Labrets from **£2.00**



Purple Jewelled



Aqua Jewelled



Black Jewelled



Silver



Black



Gold



Rainbow

## Jewelled Accessories from **£2.00**



Zircon Ball



Rose Ball



Aqua Ball



Crystal Ball



Plain Steel Ball

## Curved Barbells from **£2.99**



Rainbow



Blue



Black



Purple



Silver



Gold

# Watch Our Videos

Find out even more about Blue Banana and the piercing procedure in our online informational video.



Watch The Video  
SCAN HERE

## Jewellery Change

We recommend only changing the jewellery around 4 weeks after the piercing has taken place. Taking out or twisting your piercing before this time will prolong the healing process. By leaving it for longer you allow it to heal for longer and settle into its position.

When you're ready to change your jewellery; make sure to check out what Blue Banana has available. When it comes to oral piercings we have a huge range of jewellery available in-store and online.

## Need More Information?

Our website includes plenty of additional guides and information you could use to find out more about your piercing.

Read guides, watch tutorials and discover even more ways to style and care for your piercing.

[www.bluebanana.com/oralpiercing](http://www.bluebanana.com/oralpiercing)



AUTHORITY  
REGISTERED



OVER  
1 MILLION  
PIERCINGS



LARGEST  
PIERCERS  
IN EUROPE



FULL  
STERILIZATION



COMPREHENSIVE  
PIERCING  
TRAINING



COMPLETE  
PIERCING  
AFTERCARE