

Blue Banana

NOSE PIERCING

guide

YOUR SIMPLE GUIDE TO PIERCING AFTERCARE



NOSTRIL & SEPTUM

Congratulations on your piercing!

If you're reading this then we assume that you've recently had a new piercing from Blue Banana – which is awesome! We hope you had a great experience when visiting one of our in-store piercing studios.

Your new piercing has been performed by one of our qualified piercers in a sterile environment using high quality, sterile equipment. Now, it is up to you to ensure that the piercing remains clean whilst it heals and settles into place.

If you follow our guidelines for aftercare; you should experience little or no problems with your piercing. Everyone's body will react differently to a new piercing so it's important to know as much as possible about piercing healing and aftercare.

Whether you're a piercing pro or a body jewellery beginner we invite you to use all the information provided here and on our website.

Experiencing Problems?

If you are ever concerned then you are always welcome to come back into store for a chat. Our piercers will be more than happy to help you with any questions on your new piercing and be able to provide additional information on how to look after it.

If you are experiencing problems with the piercing healing, or are having an unexpected reaction, and you are unable to re-visit the store, we do recommend visiting a medical professional such as your GP – who will be able to assist further.

Cleaning and Healing Information:

You can use this aftercare guide for the following piercings: Nostril and Septum Piercings.

Just After Piercing

When you've just had your piercing it can be tempting to feel around and play with it. LITHA is one of our favourite mantras for a new piercing – leave it the hell alone! The area will be sensitive after the procedure so could do without being knocked and handled.

After the initial piercing, keep the area clear from unnecessary contact. It is important to take care when blowing your nose as this can irritate your piercing or dislodge the jewellery.

Healing Time

Nose piercings will require time, care and patience to heal successfully. The overall healing time can take up to 1 year. This can depend on how well it is looked after and how your body reacts.

Nose piercings are prone to irritation through activities such as drying your face with a towel. We recommend dabbing or air drying rather than rubbing your face to dry it. Try to be aware of the new piercing and avoid covering it with makeup, fake tan or other cosmetics.

The Cleaning Process

Here are our recommended steps for cleaning your nose piercing:

1. Use a solution of natural sea salt and pre-boiled water (a pinch of salt in ½ a glass of water is ideal) to clean the piercing.
2. Gently clean the area of skin around the piercing to keep it clean, hygienic and sterile.
3. We recommend using a cotton bud to clean the piercing TWICE a day for at least 12 weeks.

During The Healing Process

- **Redness/Discharge:** As with any new piercing a local area of redness and a small amount of white/yellowish discharge are both healthy and completely normal. If you experience a more painful swelling, spread over a bigger area or accompanied by other symptoms of infection you should return to the store and/or consult your GP.
- **Preventing Infection:** Nose piercings are in an area that can quickly spread bacteria. To avoid this we recommend regularly changing your bedding and avoid touching your piercing.
- **Keloid Scarring:** Noses can unfortunately be prone to keloid scarring. This is your body simply healing over the pierced area. Keloids usually look like a small red lump or spot around your piercing. Please note that not all lumps are keloids, some can simply be side effects of the healing process. If keloids, or any other form of lump, develop during healing, then return to the store for advice.

For more information visit:

www.bluebanana.com/nosepiercing

Nose Piercing Jewellery

Here's a sneak peek of the selection of awesome nose piercing jewellery you could buy next; either in-store or online.



Jewelled Accessories from **£2.00**



Zircon Ball



Rose Ball



Aqua Ball



Crystal Ball



Plain Steel Ball

Ball Closure Rings from **£3.00**



Black BCR



Silver BCR



Gold BCR



Blue BCR



Rainbow BCR



Using Tea Tree Oil

Tea Tree Oil can be used to clean nose piercings. Apply 5 minutes prior to cleaning and then wash off with salt water solution. It can also be used to reduce minor infections and bumps.

Tea Tree Oil
10ml Bottles
From
£2.99

Watch Our Videos

Find out even more about Blue Banana and the piercing procedure in our online informational video.



Watch The Video
SCAN HERE

Jewellery Change

We recommend only changing the jewellery around 12 weeks after the piercing has taken place. Taking out or twisting your piercing before this time will prolong the healing process. By leaving it for longer you allow it to heal for longer and settle into its position.

When you're ready to change your jewellery; make sure to check out what Blue Banana has available. When it comes to nose piercings we have a huge range of jewellery available in-store and online.

Need More Information?

Our website includes plenty of additional guides and information you could use to find out more about your piercing.

Read guides, watch tutorials and discover even more ways to style and care for your piercing.

www.bluebanana.com/nosepiercing



AUTHORITY
REGISTERED



OVER
1 MILLION
PIERCINGS



LARGEST
PIERCERS
IN EUROPE



FULL
STERILIZATION



COMPREHENSIVE
PIERCING
TRAINING



COMPLETE
PIERCING
AFTERCARE